



SEVENTH ANNUAL CURRENT CONCEPTS IN CONCUSSION MANAGEMENT

FRIDAY, MARCH 7, 2025

KU Edwards — Best Building
Overland Park, Kansas

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PROVIDED BY

The University of Kansas
Health System

University of Kansas
Medical Center
Department of Neurology

University of Kansas
Medical Center Department of
Continuing Education and
Professional Development

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AGENDA

7:30 a.m. Registration & Breakfast

7:55 a.m. Welcome & Overview

Michael Rippee, M.D.
Associate Professor, Sports Neurologist and Medical
Director, Center for Concussion Management
The University of Kansas Health System

8 a.m. Concussion Basics

Alexandra Arickx, M.D.
Assistant Professor of Physical Medicine
& Rehabilitation and Medical Director,
Inpatient Rehabilitation,
The University of Kansas Health System
Medical Director, Brain Injury, Department
of Physical Medicine & Rehabilitation
The University of Kansas Medical Center

8:55 a.m. Nutrition Considerations
for Brain Injury

Sara Arnold, MS, RD, CSSD, LD, ACSM-CPT
Sports Performance Dietitian, Female Athlete Program
The University of Kansas Health System

9:45 a.m. Break & Exhibits

10 a.m. Biomarkers in Concussion —
are we at a crossroads

Ross Zafonte, DO
Executive Vice Dean for Clinical, Academic & Faculty
Affairs and Professor Physical Medicine
and Rehabilitation
University of Missouri School of Medicine — MU Health

10:50 a.m. Break & Exhibits

11 a.m. Breakout 1 (Choose one)

**Post-Concussion Anxiety: Strategies
for Risk Identification, Assessment,
and Symptom Management**

Joanie Huebner, Ph.D.
Clinical Health Psychologist
University Health Lakewood Medical Pavilion
Department of Community and Family Medicine
University of Missouri — Kansas City

**Current Trends in Concussion
Management and Products**

Aaron Borgman, PT, ATC
Founder, *Borgmann Rehab Solutions*

11:50 a.m. Lunch & Exhibits

12:50 p.m. Concussion and Vision

Katie Fisher, OD, FCOVD
Owner/Board Certified Optometrist
in Vision Development and Vision Therapy
Sunflower Vision Development Center

1:45 p.m. Break & Exhibits

2 p.m. Breakout 2 (Choose one)

**Exercise prescription based on post-
concussion phenotype and irritability**

Amy Nichols, DPT
Outpatient Physical Therapist
The University of Kansas Health System,
Olathe Medical Park North

**Navigating Recovery: Returning to
Normal After Concussion**

Nicole T. Yedlinsky, M.D., CAQSM,
FAAFP, FACSM, RMSK
Associate Professor, Department of Family
Medicine and Community Health, Program
Director Sports Medicine Fellowship
The University of Kansas Health System

3 p.m. CTE: State of Literature,
Interpreting Data Correctly

Michael Rippee, M.D.